

**SECTION 1.1**  
**INTRO TO TITLE X AND CDPHE FAMILY PLANNING PROGRAM**

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**OFFICE OF FAMILY PLANNING- TITLE X PROGRAM**

***The following is cited directly from the Office of Family Planning website<sup>1</sup>:***

The Title X Family Planning program ["Population Research and Voluntary Family Planning Programs" (Public Law 91-572)], was enacted in 1970 as Title X of the Public Health Service Act. Title X is the only federal grant program dedicated solely to providing individuals with comprehensive family planning and related preventive health services. The Title X program is designed to provide access to contraceptive services, supplies and information to all who want and need them. By law, priority is given to persons from low-income families.

The Title X Family Planning program is administered within the **Office of the Assistant Secretary of Health**, Office of Population Affairs (OPA) by the Office of Family Planning (OFP). In fiscal year **2010**, Congress appropriated approximately **\$317** million for family planning activities supported under Title X. At least 90 percent of the appropriation is used for clinical family planning services as described in the statute and regulations (45 CFR Part 59).

In **calendar year 2010**, **90** Title X grantees provided family planning services to **more than** five million women and men through a network of more than **4,500** community-based clinics that include State and local health departments, tribal organizations, hospitals, university health centers, independent clinics, community health centers, faith-based organizations, and other public and private nonprofit agencies. In approximately 75% of U.S. counties, there is at least one clinic that receives Title X funds and provides services as required under the Title X statute.

Over the past **40** years, Title X family planning clinics have played a critical role in ensuring access to a broad range of family planning and related preventive health services for millions of low-income or uninsured individuals and others. In addition to contraceptive services and related counseling, Title X-supported clinics provide a number of related preventive health services such as: **client** education and counseling; breast and pelvic examinations; breast and cervical cancer screening according to nationally recognized standards of care; sexually transmitted **infection (STI)** and Human Immunodeficiency Virus (HIV) prevention education, counseling, testing and referral; and pregnancy diagnosis and counseling. By law, Title X funds may not be used in programs where abortion is a method of family planning.

The Title X program also supports three key functions, authorized under the Title X statute aimed at improving the quality of family planning services and assisting clinics with responding to client needs. These functions include: (1) training for family planning clinic personnel through ten regional general training programs and three national training programs that focus on clinical training, enhancing quality family planning services for males, and/or coordination of training activities on the national level; (2) data collection and family planning research aimed at improving the delivery of family planning services; and, (3) information dissemination and community based education and outreach activities. These functions help to ensure that family planning services are evidence-based and of high quality.

The Title X family planning program is intended to assist individuals in determining the number and spacing of their children. This promotes positive birth outcomes and healthy families. The education, counseling, and medical services available in Title X-funded clinic settings assist couples in achieving these goals.

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<sup>1</sup> <http://www.hhs.gov/opa/familyplanning/index.html>

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**CDPHE FAMILY PLANNING PROGRAM**

The Family Planning Program is one of **two teams** in the Women's Health Unit at the Colorado Department of Public Health and Environment (CDPHE). **The CDPHE Family Planning Program is the Title X Grantee for the state of Colorado. The CDPHE Family Planning Program, as a Title X grantee, is responsible for the planning, implementation, and evaluation of the statewide program. The activities of the CDPHE Family Planning Program include (but are not limited to) fiscal management, data collection and analysis, staff development, and evaluation of the family planning services provided by agencies at the local level. The 28 agencies contracted to provide such services are known as delegate agencies and include local public health agencies, county and community nursing services, hospital clinics, community health centers and other private non-profit clinics.**

There are currently **approximately 62** Title X clinics in the state offering family planning services. More information on the Family Planning Program in Colorado can be found at:  
<http://www.cdphe.state.co.us/pp/womens/famplan.html>

The Women's Health Unit's vision, mission, and core values are as follows:




**Women's  
Health Unit**

**Vision**  
Optimal health and well-being for all women and men of reproductive age in Colorado

**Mission**  
Promote health and wellness by facilitating a continuum of health care services, education and support for women and men of reproductive age.

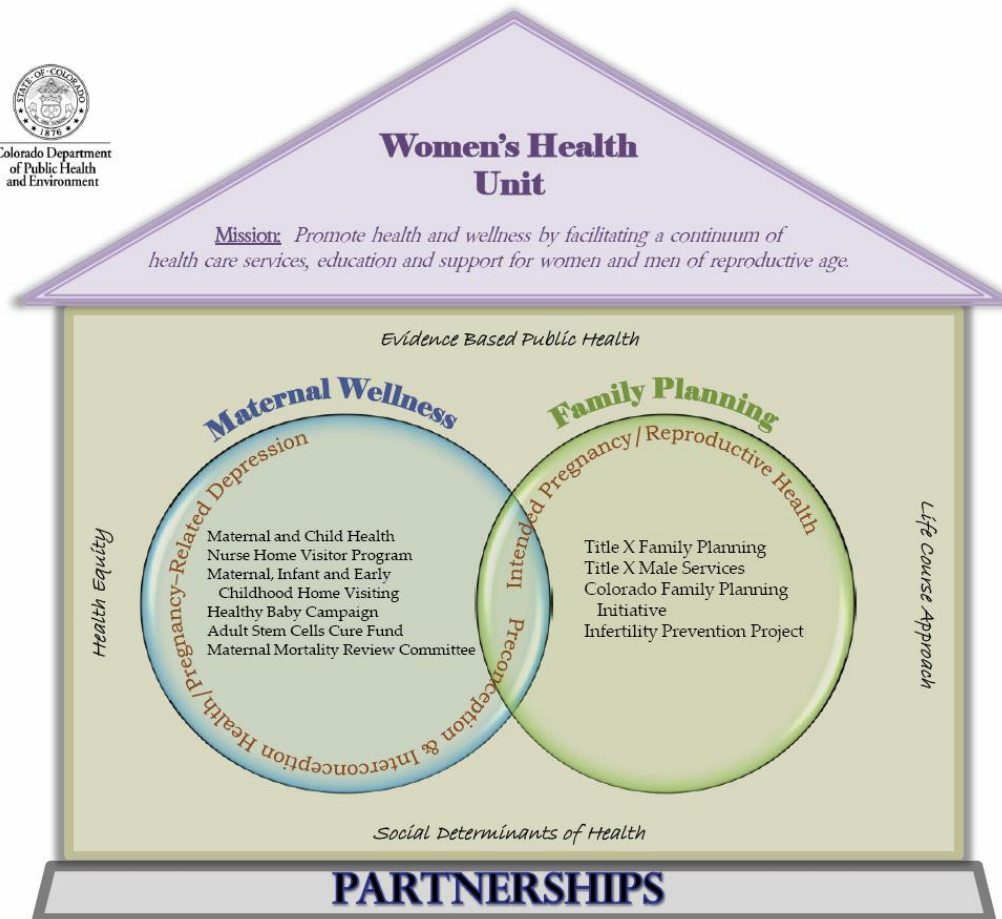
**Core Values**  
Honesty and Integrity  
Openness, Acceptance & Equitability  
Teamwork  
Respect and Consideration  
Customer Service  
Timeliness  
Passion



May 2010

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### ORGANIZATIONAL STRUCTURE

More information about the Colorado Department of Public Health and Environment can be found at:  
<http://www.cdphe.state.co.us/>

An organizational chart for the department can be found at:  
<http://www.cdphe.state.co.us/ic/orgchart.pdf>

More information about the Prevention Services Division can be found at:  
<http://www.cdphe.state.co.us/pp/index.html>

More information about the Women's Health Unit can be found at:  
<http://www.cdphe.state.co.us/pp/womens/index.html>

More information about the **CDPHE** Family Planning Program can be found at:  
<http://www.cdphe.state.co.us/pp/womens/famplan.html>

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**COMPETITIVE GRANT PROCESS**

Specific criteria have been established by Title X and the CDPHE **Family Planning Program** to provide guidelines to ensure that any **delegate agencies** funded by Title X are able to meet program requirements. The following competitive grant application process has been established.

A notice is posted on the Colorado state BID system, listing all current family planning sub-grantees, indicating that the state is planning on contracting with these entities for the upcoming fiscal year with the option to renew for three additional one-year periods.

Any organization that is not listed that is interested in applying for funding is directed to submit a letter of intent by the assigned due date. The letter of intent must document that the agency has the capacity to provide a family planning program in accordance with Section 1001 of the of the Family Planning Services and Population Research Act of 1970 (Public Law 91-572), all applicable federal regulations contained in Title X, 42 CFR, Subpart A, Part 59 along with the Colorado Constitution and all applicable state regulations.

Once a letter of intent has been received and it has been determined that the applicant has the capacity to provide a family planning program according to the criteria listed above, a formal Request for Proposals will then be issued for the corresponding service area.

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### DEFINITIONS

*As related to Title X Guidelines and Program Policy*

Can, May: Indicate suggestions for consideration for particular projects, etc.

**Contract Agency:** An entity that provides family planning services with Title X funds under a negotiated, written agreement with the grantee (CDPHE). Clinics or “sites” are those locations where family planning services are provided by the sub-grantees. Contract agencies are commonly referred to as “delegate agencies.”

**Delegate Agency:** An entity that provides family planning services with Title X funds under a negotiated, written agreement with the grantee (CDPHE). Clinics or “sites” are those locations where family planning services are provided by the sub-grantees.

Family: A group of two or more persons related by blood, marriage, or adoption who live together; all such related persons are considered members of one family.

Family Planning: The process of establishing one’s preferred number and spacing of one’s children, selecting the means to achieve those goals, and effectively using that means.

FPAR: Title X Family Planning Annual Report. Annual service data submitted by all Title X grantees to the Office of Population Affairs to provide cumulative data on the national family planning program.

Federal Poverty Guidelines: A table including family size and income that is issued each year (usually in February) by the federal Department of Health and Human Services and is used to determine financial eligibility/sliding scale charges for some federal programs, including Title X Family Planning.

Grantee: The entity that receives the federal grant and assumes legal and financial responsibility and accountability for the awarded funds and for the performance of the activities approved for funding. The Colorado Department of Public Health and Environment is the Title X grantee in Colorado.

Household: A household consists of all persons who occupy a housing unit (house or apartment), whether or not they are related to each other.

**IRIS: Integrated Registration and Information System II.** The computer application that the CDPHE **Family Planning Program** (grantee) and **delegate agencies (contract agencies)** use for the collection and reporting of data.

LEP: An individual of a national origin minority group with limited English proficiency.

Must, Required, Shall: Mandatory program policy.

Should: Recommended program guidelines and policies.

Target clients: This is the priority population for the Family Planning Program and is made up of all men and women with incomes at or below 150% of poverty and all teens.

Teens: Young men and women under the age of 20 years.